Holgate Primary Care Network

Borough Road & Nunthorpe Medical Group
Linthorpe Surgery
Village Medical Centre

This surgery does not routinely prescribe the following medications:

- Buprenorphine (e.g. BuTec patches)
- Codeine
- Co-codamol
- Co-dydramol
- Dihydrocodeine
- Fentanyl (e.g. Durogesic patches)
- Tramadol
- Morphine (e.g. MST tablets, Oramorph oral solution, Zomorph capsules)
- Oxycodone (e.g. OxyContin)

Additionally, we do not routinely prescribe:

- Gabapentin (e.g. Neurontin)
- Pregabalin (e.g. Lyrica)

If you have been prescribed any of these medications in the past, this does not automatically mean they will continue. We will review your individual circumstances to assess whether these medicines are still clinically necessary and appropriate for you.

If they are no longer required, we will work with you to **safely and gradually reduce and stop** the medication, providing appropriate support throughout the process.